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(54) Title: METHOD FOR THE PREPARATION OF FOODSTUFFS, MORE IN PARTICULAR MEALS, FOODSTUFFS PREPARED ACCORDING TO THE METHOD, AND PRODUCTION LINE AND DEVICES THEREFORE

(57) Abstract

The invention is about a method for the preparation of foodstuffs, more in particular meals, like all ready meals for consumption, by: a) heating the foodstuffs (1, 2) until nearly done; b) bringing the prepared foodstuffs (1, 2) after cooling down in a sealable wrapping (3); child ing the wrapping with a mixture of N3 and CO₂; d) closing the wrapping (3); and e) subjecting the foodstuffs (1, 2) to a thermical shock by rapid cooling, so that the temperature in the heart reaches a value of about 2 °C. The invention is characterized in that successively after heating until nearly done under step a), the prepared foodstuffs (1, 2) are being subjected within reasonably short notice to the thermical shock under step e), under controlled humidity, to be named RH hereafter, depending on the nature of the foodstuff (1), after which a mixture of N2 and CO2 is inserted in the closable wrapping (3) in an appropriate manner, and the enclosure takes place. The invention also concerded services for the carrying out of the method, as well as foodstuffs, particularly all ready meals that are prepared for consumption according to the method.

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Method for the preparation of foodstuffs, more in particular meals, foodstuffs prepared according to the method, and production line and devices therefore.

The interest for freshly cooled ready for use meals grows steadily these days.

Freshly cooled ready for use meals are meals that are mainly, but not exclusively, without artificial additions, like preservatives or anti-oxydant limitidly preservable in the refrigerator. Before final consumption, the prepared product, which has received a treatment that exists amongst other things of heating until nearly done, only has to be reheated. The reheating often takes place in a micro wave oven.

In connection with preparing preservable foodstuffs for consumption, a method is known from European Patent 0230978 for packing with pasteurisation of foodstuffs that can taint. The above mentioned method consists of stewing the foodstuff with a temperature around 90-95° C, inserting the product directly under natural convection so that cooling takes place in the wrapping, during which according to wish N, or a mixture of N, and O, is inserted, closing the wrapping and finally submitting the foodstuff to a thermical shock which brings the foodstuff in the center to a temperature of 2-6°C.

When one indicates in the continuation of the specification the preparation of foodstuffs with 1, and an assembly of foodstuffs and meals with 2 that are contained in a wrapping 3, it is remarked that with the meals prepared by the method known from the above mentioned EP 0.230.978, after heating and opening the wrapping 3 most probably no foodstuffs or meals can be prepared with Michelin two star quality.

With prepared meals of Michelin two star quality, meals are meant with an excellent taste and good microbiological tenability, which can be stocked at a low temperature, i.e. around 2°C, and can be prepared by the user by simply heating of the wrapping 3 with contents 1, 2.

According to said EP 0.230.978, foodstuffs 1, and more in particular meals 2, can be prepared by subjecting thes suc-

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cessively to the following process steps:

- a) heating the foodstuffs 1,2 until nearly done;
- b) inserting the neated foodstuffs 1, 2 after cooling down into a wrapping 3 that can be closed;
- c) filling the wrapping 3 with a mixture of N, and CO,;
- d) closing the wrapping 3; and
- e) subjecting the foodstuffs 1, 2 to a thermical shock by fast cooling down, in such a way that the temperature in the hart reaches a temperature of about 2°C.

Such as mentioned earlier this method most probably does not result into prepared meals and/or foodstuffs of the high Michelin two star quality.

The object of the invention is to remove the mentioned objection by subjecting the heated foodstuffs 1, 2 within a short term after heating until nearly done below above mentioned step a) to the thermical shock mentioned below e), by cooling under controlled relative humidity, to be named RH in the following, depending on the nature of the foodstuff 1, after which a mixture of \mathbb{N}_i and \mathbb{CO}_i is inserted into the closable wrapping and the closing takes place.

About the RH, which is dependent on the nature of the foodstuff 1, is remarked that in case of meat, this amounts to about 75% and in case of vegetables 80-90%.

The invention also relates to prepared foodstuffs 1 or meals 2 and also to a production line and pertaining device for the preparation thereof.

By having the fast cooling down taking place soon after the heating to n arry done under controll d RH, an excellent taste is maintained of the foodstuffs 1 or meals 2 that are ultimately prepared by the user.

By inserting a suitable mixture of N_{j} and CO_{j} in the closed

meals 2 is ensured. It is remarked that from EP 0.242.183 a method is known for conditioning and packing of mussels and other bivalved section. According to this known method, mussels are brought into a wrapping which encloses these mussels closely and prevent them to open, during the following cooking process, in which the mussels are partially cooked.

After the partial cooking, the packages of mussels are cooled down to ambient temperature, during which the mussels either stay at ambient temperature or are frozen.

In connection with the method known from the EP 0.242.183, it is remarked that the conservation of the exceptionally fine taste of the ultimate product is obtained by causing the mussels to keep their shells closed during the relatively short precooking process. In order to increase the tenability of the mussels, in general freezing should always take place.

A difference with the method according to the invention is, that it is quite sure that no mixture of N_1 and CO_2 is applied, because before the cooking the mussels are provided with a deep drawn plastic vacuum wrapping.

It stands to reason that with the preparation of mussels no fast cooling down under controlled RH is applied.

In view of the known state of art it is not evident that the proper sequence of essentially very simple measures as cooking until nearly done, followed by fast cooling down under controlled RH, which is dependant of the foodstuff 1 or mealcomponent 2 in question, and providing with an admosphere in the closable wrapping 3 essentially consisting of a mixture of N. and CO., results in prepared foodstuffs 1 or meals 2 of Michelin two star quality, which have moreover an exceptionally good tenability, without strong cooling.

Preferably, the heating of the meals will completely or partly

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take place by microwave, with the exception of the case that the foodstuffs 1 consists of pasta or potatoes.

A preferred frequency that is applied during the high frequency heating or microwave heating is 915 MHz.

At the frequency of 915 MHz the depth of penetration or the microwaves is increased until about 10 cm. The increased depth of penetration causes a more uniform heating of the complete foodstuff 1.

An increased depth of penetration is the more important if the separate parts of the foodstuffs 1 have an irregular shape

The frequency of 915 MHz will further be indicated as radiowave frequency.

Because of the lower frequency than with the usual heating methods with high frequencies, the available power is limited, through which the method is limited to foodstuffs requiring only temperatures to 90°C.

With foodstuffs, of which the separate parts are irregularly shaped, and/or require a higher preparation temperature, a more usual high frequency device can be applied, which operates at a frequency of 2480 MHz. A heating device operating at a frequency of 2480 MHz will be further indicated below as a microwave device.

Potatoes, pasta products and some vegetables require an ambient water vapour during the heating until nearly done.

A preferred m thod for the application of the heating is the use of a steam heating tunnel 7, in which steam of 100-120°C is injected.

More in particular, when the toodstuffs 1 or meals 2, comprise

meat 4 and in some cases fish 4", preferably these are seared up in an infrared oven 5, after seasoning the surface.

The seasoning of the meat 4, of fish 4' can be done manually or continuously, with which one preferably uses a "seasoning bath". The seasoning bath consists of an emulsion containing the fish or meat seasonings.

After the seasoning of the surface of the meat 4 or the fish 4', these foodstuffs 4, 4' are submitted to the usual conditioning according to the invention. The searing up serves the conservation of the juices of the meat 4 or the fish 4' and obtaining a good crust.

In case of complete meals 2, these contain often sauces 6, which are directly supplied to the cooling down after preparation in which heating takes place.

In case that the foodstuffs 1,2 comprise vegetables 8, these are heated as needed in a steamheater 7, a microwaveheater 9, or a radiowaveheater 10. The meat 4 or fish 4' that has been seared up in an infrared oven 5, are preferably heated in a microwaveheater 9 in connection with the uniform heat development therein.

It is also possible to lead the seared up or not seared up meat 4 or the fish 4' through the steam heater 7 or the microwave heater 9, as needed.

In connection with the sauces 6 which are added to the food-stuffs 1, 2 it is further remarked, that during the preparation these are separately heated to a temperature of at least 80° C during 5 minutes, before the transport to the wrapping 3 which is thereafter cooled, provided with a $CO_2 - N_2$ atmosphere and closed. This with a view to pasteurization.

The preferred composition of the gas mixture with which the wrapping 3 is filled, is 30-40 volume % CO_1 and the rest N_2 .

Preferably, when heating the foodstuffs 1, 2, one starts from cleaned raw materials, which are at a temperature of $1-3^{\circ}\text{C}$, preferably 2°C .

According to another preferred method, the wrapping, in which the neated and subsequently cooled down foodstuffs 1, 2 are present, is first vacuumed and afterwards filled with the ${\rm CO}_i$ - N_i gas mixture.

By the vacuum treatment the oxygen which gives rise to perish promoting bacteria and the germination of spores, is removed as much as possible.

A preferred material for the wrapping 3 is PET, preferably c-PET. The term c-PET means crystalline polyethylene terephtalate (Bordex, 1990).

In view of the method of preparation of the foodstuffs 1, the material for the wrapping 3 has to meet the following demands:

- to be suited for use in microwave and oven ("duo ovenable")
- to dispose of good barrier properties, so that the quality of the prepared meal 2 deteriorates as little as possible during storage and transport;
- to remain firm during heating, cooling and transport, and not to deform;
- to be able to resist sudden temperature changes
- to be well closable "sealing"
- to be as little burden to the environment as possible, and preferably recycleable

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The material c-PET is being preferred because:

- it is duo-ovenable
- it disposes of good barrier properties with respect to other wrapping materials;

c-PET transmission with respect to:

- $O_{i} = 30.10^{-11} \text{ cm/cm}^{i} \text{ s cm Hg}$ $CO_{i} = 100.10^{-11} \text{ cm/cm}^{i} \text{ s cm Hg}$ $H_{i}O = 4.10^{-11} \text{ cm/cm}^{i} \text{ s cm Hg}$

(for O, and CO, these values are measured at 23°C and 30% RH, for H,O was measured at 37,8°C and 90-95 RH).

The c-PET is used in a thickness of 0,3-0,4 mm preferably at the wrapping 3.

As mentioned before, the invention also relates to wrapped prepared foodstuffs 1 or meals 2 in a closed wrapping 3 and prepared according to the method discussed.

Preferably, the separate foodstuff components 1 or parts of meals 2, are in trays of c-PET with a thickness of 0,3 - 0,4 mm and a dimension per foodstuff 1 of 10x17x5 cm.

The one and the other relate to process technical considerations for causing the necessary thermical shock in order to obtain unexpected good taste properties.

For the same reason as mentioned above, when the meal 2 comprises sauces, this sauce 6 is in c-PET trays with a dimension of 5x5x3 cm.

Such as also mentioned before, the invention also relates to characterising apparatus for the preparation of foodstuffs 1 and/or meals 2 and a production line therefore.

From the document FK-A-2.544.179 an apparatus is known for the preparation and pasteurisation of packed foodstuffs. According to the method known from FR-A-2-544-179 , foodstuffs that are under vacuum in their wrapping, are shortly heated by immersion in a cooking or stewing bath and subsequently guickly cooled down to about 2°C by immersion in a cooling bath. It is remarked that by the vacuum treatment followed by heating and cooling down in a wrapping, undesired changes of taste can easily occur. Moreover, the tenability of foodstuffs 1 or meals 2 is most probably shorter than in the case where a N - CO gas filling is applied.

A characteristic device for the application of the important cooling down step after the short heating step, is a cooling device 11 with means for controlling the RH during the cooling down of the foodstuffs 1 or meals 2.

Preferably, the cooling device 11 is a cooling tunnel 12, with means for controlling the RH. The control of the RH can be made by spraying water in a controlled way.

The invention also relates to a production line for the preparation of prepared meals 2, comprising the now following steps I-VII with, conditioning means for:

- I Reception of raw materials for foodstuff I inclusive of quality control;
- II Preparation in component streams of meal 2;
- Ill Pre-conditioning of components of meal 2;
- IV Checking of preparation of components of meal 2;
- Process step, comprising searing up of meat 4 and optionally of fish 4'in an infrared oven 5, toliowed by filling in trays 3 of prepared foodstuffs 1, 2, 4, 4', 6, 8 and insertion in a steam heater 7, microwave heater 9 or radio wave heater 10, respectively, followed by cooling down in a cooling tunnel 12, with means for controlling the RH, dependant of the foodstuff 1 in question, followed by filling the trays 3 with a mixture of CO, and N, closing the trays 3 and checking the microbiological quality;
- VI Weight check and labelling, combination to meals 2, in-

clusive general quality control and stacking;

VII Means for storage and transport to user of prepared meals 2.

At the above mentioned phases, reception and quality control means of raw materials for the meals 2 are indicated under I by A.

At the following phase II, the distribution of streams of potatoes 13, pasta 14, fish 4', meat 4 and sauce components 6" are indicated by respectively 13, 14 (II), 8 (I7), 4' (II) and 6" (II)

Furthermore, at the prepreparation stage III, successively is indicated from left to right with

- 13 (III) the preconditioning of the potatoes 13, consisting of scraping, pealing, washing, immerse into water with eventual adding of salt;
- 8 (III) the preconditioning of the different vegetables consisting of cutting, washing, eventual adding of spices;
- 4' (III) the adding of pepper, salt and eventually fish seasonings to the fish 4';
- 4 (III) the adding of pepper, salt and eventual meat seasonings to the meat 4;
- 6 (III) the mixing of the sauce components 6" to the sauce 6.

With reference to the process between quality judgment phase IV, the now following phases refer to:

- 13, 14 (IV) considering whether the potatoes 13 meet the quality requirements and are provided with salt and sufficient water;
- 8 (IV) considering whether the different vegetables 8 meet the quality requirements and furthermore are well cut and mixed:
- 4' (IV) considering whether the fish 4' is well seasoned;

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- 4 (IV) considering whether the meat 4 is well seasoned;
 - 6 (IV) considering whether the sauce 6 is well prepared.

In the process phase V, the following descriptions indicate:

- 4', 4 (V) 5 the searing up of fish 4', eventually optional, and also optional of meat 4 in the infrared oven 5;
- 13, 14 (V) 3 the putting into trays 3 of respectively preconditioned potatoes 13 and pasta 14;
- 8 (V) 3 the putting into trays 3 of vegetable 8;
- 4' (V) 3 the putting into trays 3 of preconditioned fish 4':
- 4 (V) 3 the putting into trays 3 of preconditioned meat
 4;
- 6 (V) 3 the putting into trays 3 of sauce 6.

With reference to the process step 6(V) 3, it is noticed that at the reaching of sufficiently high cooking temperatures in connection with the necessary pasteurization, it is possible now to directly connect the trays 3 with sauce 6 to the cooling step (V) 12 to be treated later.

In connection with the process heating phases of phase V the now following indications can be made.

Some vegetables 8, potatoes 13 and pasta 14 are heated preferably in a steam heater 7, this is indicated by 8, 13, 14 (V) 7.

Depending on the sizes and necessary temperatures, some pr-conditioned foodstuffs 1 can be best heated in a microwave heater 9, which works preferably at 2480 MHz, this now is indicated in Figure 1 very generally with i (V) 9; here it is indicated very generally by 1 that it is about foodstuffs 1.

Other foodstuffs, however, are better heated in a so-called radio wave heater 10, which is indicated in a similar way with 1 (V) 10.

After the heating step of phase V, all meal components are being subjected to a cooling step in a cooling tunnel 12 with means for the control of the RH depending on the foodstuff 1 concerned. This is indicated by (V) 12.

The phase V is concluded by the filling of the separate boxes 3 with a N_i - CO_i mixture, after which these are being sealed. This is indicated by (V) 15.

Before or after the sealing of the trays 3 at the process phase (V) 15, a microbiological quality control is being performed, this is indicated by B.

In the phase VI which relates to the finishing of the meals 2 to be obtained, a combined control of the weight, together with a labelling is being performed under (VI) 16, at which a quality control is performed under C. The phase VI is finished by stacking the obtained meals under step (VI)17.

In the phase VII the stacked meals 2 are finally stored in a warehouse that is cooled, until transportation to the customer takes place. This is indicated with D.

Figure 2 relates to the heating and cooling down curves as a function of the time in which respectively:

E = potatoes (pommes anna)

F = vegetable (mixed vegetable)

G = fish

H = meat (baking dishes)

I = meat (stewing dishes)

J = cog au vin.

All cuves E, F, G. H, I and J start at time zero at $2^{\circ}C$ and end after the passing through of the cooling tunnel 12 also at $2^{\circ}C$.

The data of curve E of potatoes (pommes anna) are as follows:

Point in graph

F2

F3

F4

| | | ~~~~~~~~ | |
|-------|----------------------|----------------|--|
| O mi | n. 2°C | - | |
| 5 mi | n. 160°C | E1 | |
| 18 mi | n. 160°C | E2 | |
| 27 mi | л. 2°С | E3 | |
| | | | |
| Data | curve F (mixed veget | table): | |
| Time | Temperature | Point in graph | |
| | | | |
| O 1 | min. 2°C | - | |
| 1,5 | min 100°C | F1 | |
| | | | |

Data curve G (fish):

70°C

90°C

2°C

2 min.

10 min.

20 min.

| Tim | е | Temperature | Point in graph |
|-----|-------|-------------|----------------|
| | - | | |
| 0 | mın. | 2°C | - |
| 6 | min. | 100°C | G1 |
| 16 | 5 man | 200 | G2 |

Temperature

Data curve H (meat frying dishes)

| Tim | e | Temperature | Point in graph |
|-----|------|-------------|---|
| | - | | *************************************** |
| 0 | min. | 2°C | - |
| 2 | min. | 100°C | H1 |
| 16 | min. | 100°C | H2 |
| 25 | min. | 2°C | нз |

Data curve I (meat stewing dish)

| Time | | Temperature | Point in graph |
|------|------|-------------|----------------|
| | | | |
| 0 | min. | 2°C | - |
| 2 | min. | 100°C | 11 |
| 6 | min. | 100°C | 12 |
| 35 | min. | 2 ° C | 13 |

Data curve J (cog au vin)

| Time | | Temperature | Point in graph |
|------|----------|-------------|----------------|
| | | | |
| O | min. | 2°C | - |
| 2,5 | min. | 90°C | J1 |
| 12 | \min . | 90°C | J2 |
| 22 | min. | 2°C | J3 |

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Claims

- Method for the preparation of foodstuffs (1), more in particular means (2) by:
 - a) heating the foodstuffs (1, 2) until hearly done;
 - D) putting the prepared foodstuffs (1,2) into a closable wrapping (3), after cooling;
 - c) filling the wrapping (3) with a N₂ and CO₂ mixture:
 - d) closing the wrapping (3); and
 - e) submitting the foodstuffs (1, 2) to a thermical shock, by rapid cooling, by which the temperature in the heart reaches a temperature of about 2°C, characterized in that successively after the heating until nearly done under step a), the prepared food stuffs (1, 2) are being submitted within reasonably short notice to the thermical shock under step e), under controlled relative humidity, to be named RH hereafter, depending on the nature of the foodstuff (1), after which a N_i/CO_i mixture is inserted in the closable wrapping (3) in an appropriate way.
- Method according to claim 1, characterized in that the heating of the foodstuffs (1, 2) happens entirely or partially high frequency.
- 3. Method according to claim 2, characterized in that the frequency applied is 915 MHz, to be indicated further as radiowave frequency.
- 4. Method according to each of the previous claims, charactized in that potatoes and or pasta and/or vegetables are heated in a steam heater.
- 5. Method according to each or the previous claims, characterized in that aroma components, flavourings, nerbs, spices and salt are added to the roodstuffs (1, 2).

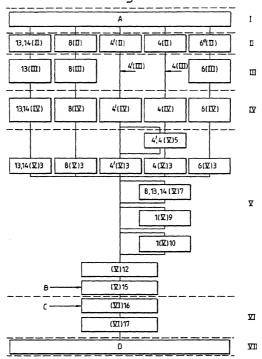
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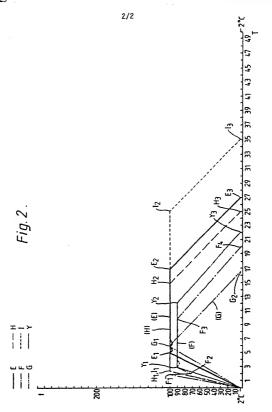
- 6. Method according to each of the previous claims, characterized in that meat (4), and/or fish (4') is added to the foodstuffs (1, 2), of which the surface is seared up in an infrared oven (5) preferably after seasoning.
- 7. Method according to each of the claims 1 including 6, characterized in that sauces (6) are added to the foodstuffs 1, 2, which are supplied to the cooling directly without extra heating.
- 8. Method according to each of the previous claims, characterized in that the foodstuffs (1, 2) contain vegetables (8), which is being heated as needed in a steam heater (7), microwave heater (9) or radio wave heater (10).
- 9. Method according to each of the previous claims, characterized in that the foodstuffs (1, 2) contain meat that has been seared up in an infrared oven (5), which is heated in a microwave heater (9).
- 10. Method according to each of the previous claims, that the foodstuffs (1, 2) do or do not contain fish that was seared up in an infrared oven, which is conducted according to desire through the steam heater (?) or the microwave heater (9).
- 11. Method according to each of the previous claims, characterized in that the foodstuffs (1, 2) contain sauces (6), heated separately during preparation, to a temperature of at least 80° C during five minutes and transported separately to the wrapping (3), which is cooled down thereafter, provided by a CO_2/N_1 , atmosphere and closed.
- 12. Method according to each of the previous claims, characterized in that the closable wrapping (3) is filled with a mixture of 30-40 volume percent CO, and the rest N_{\odot} .

- 13. Method according to each of the previous claims, characterized in that the starting point is foodstuffs (1, 2) originally at 1-3°C, preferably at 2°C, which are heated afterwards.
- 14.Method according to each of the previous claims, characterized in that the wrapping (3) is vacumated with foodstuffs (1, 2) before filling it up with the CO and N mixture
- 15. Method according to each of the previous claims, characterized in that as material for the wrapping (3) PET, prefarably c-PET is applied.
- 16. Packed prepared meals (1,) and/or meals (2) in a closed wrapping (3) treated according to one or more of the claims 1 to 15.
- 17. Packed prepared meals (1) and/or meals (2) according to claim 16, characterized in that the wrapping (3) consists entirely or mainly of c-PET, with a thickness of 0,3 to 0,4 mm and size per foodstuff (1) of 10x17x5 cm.
- 18. Packed prepared foodstuffs (1) and/or meals (2) according to claim 16 or 17, where the foodstuff (1, 2) is provided with sauce (6), characterized in that the sauce (6) is in trays of c-PET size 5x5x3 cm.
- 19. Device for the preparation of prepared foodstuffs (1) or meals (2), which are in a wrapping (3), according to claims 1-18, which device contains means for quickly heating and thereafter quickly cooling down of the foodstuffs (1) and/or meals (2), characterized in that this contains a cooling device (11) with means for controlling of the RH during cooling down.
- 20. Device according to claim 19, characterized in that the cooling device 11 is a cooling tunnel.

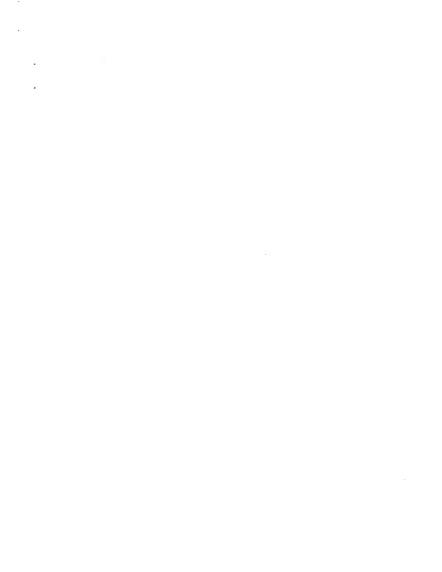
- 21. Product line for the preparation of prepared meals (2) according to claim 1-18, characterized by the fact that this contains the now followinging phases with means of treatment:
- I Reception foodstuff (1) raw materials, inclusive of quality control
- II Preparation in meal (2) component streams;
- III Preparation of meal (2) components;
- IV Control on preparation of meal (2) components;
- V Process step, containing searing up of meat (4) and optionally of tish (4') in infrared oven (5) followed by putting into trays and treatment or prepared foodstuffs (1, 2, 4, 4', 6, 8) respectively in steam heater (7), microwave heater (9) or radio wave heater (10), followed by cooling down in a cooling tunnel (12) with means for the direction of the RH, depending on the foodstuff (1) concerned, followed by the filling of the trays (3) with a CO, and N, mixture, closing of the trays (3) and microbiological guality control:
- VI Weight control and labelling, joining into meals (2), including general quality control and stacking;
- VII Storage of ready meals (2).

Fig.1.





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| (60 Table METHOD FOR THE OPERADATION | 05.50 | | STUFFS MORE IN PARTICULAR MEANS FOODSTUFFS |

(54) Tide: METHOD FOR THE PREPARATION OF FOODSTUFFS, MORE IN PARTICULAR MEALS, FOODSTUFFS
PREPARED ACCORDING TO THE METHOD. AND PRODUCTION LINE AND DEVICES THEREFORE

(57) Abstract

The invention is about a method for the preparation of foodstuffs, more in particular meals, like all ready meals for consumption, by: a) heating the foodstuffs (1, 2) until nearly done; b) bringing the prepared foodstuffs (1, 2) after cooling down in a sealable wrapping (3): c) filling the wrapping with a mixture of N₂ and CO₂; d) closing the wrapping (3); and e) subjecting the foodstuffs (1, 2) to a thermical shock by rapid cooling, so that the temperature in the heart reaches a value of about 2 °C. The invention is characterized in that successively after heating until nearly done under step a), the prepared foodstuff (2, 2) are being subjected within reasonably short notice to the thermical shock under step e), under controlled humidity, to be named RH hereafter, depending on the nature of the foodstuff (1), after which a mixture of N₂ and CO₂ is inserted in the carbon properties and appropriate manner, and the enclosure takes place. The invention also concerns devices for the carrying out of the method, as well as foodstuffs, particularly all ready meals that are prepared for consumption according to the method.

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